# NSS Outreach Activities Compendium (2023-2026)

Summary and complete log of 46 community outreach, health, environmental, and yoga programmes conducted by the AIET NSS Unit across Academic Years 2023-2024, 2024-2025, and 2025-2026.

## Club-wise Outreach Summary (2023-2026)

| S.No | Clubs / Organization | 2025-2026 | 2024-2025 | 2023-2024 |
|---|---|---|---|---|
| 1 | NSS Club | 05 | 04 | 04 |
| 2 | Health Club | 04 | 04 | 04 |
| 3 | Eco Club | 04 | 04 | 04 |
| 4 | Yoga Club | 03 | 03 | 03 |

## 2025-2026 Outreach Programmes (16 Programmes)

| S.No | Name of the Programme | Date | Outreach Area | Club & Count |
|---|---|---|---|---|
| 1 | Swachha Andhra Programme - Plastic Cleanliness | 21-06-2025 | Bheemili Beach | NSS Club (60) |
| 2 | Community Service Programme - Books & Food to 100 Students | 23-07-2025 | Chippada High School, Bheemili Mandal | NSS Club (50) |
| 3 | Bala Marga Darshak Programme - Books Distribution | 20-08-2025 | Akkayyapalem, Vizag | NSS Club (30) |
| 4 | Winter Care Programme - Blankets to 50 Old People | 08-11-2025 | Neelkamal's, Vizag | NSS Club (15) |
| 5 | National NSS Day - Plantation Drive | 04-09-2025 | Bheemili Village | NSS Club (40) |
| 6 | World Health Day - Distribution of Sanitary Pads | 07-04-2026 | Laxmipuram High School, Bheemili Mandal | Health Club (30) |
| 7 | Blood Donation Camp | 20-08-2025 | Bheemili Village | Health Club (60) |
| 8 | Nutrition Day - Distribution of Nutritious Food | 17-09-2025 | Chippada High School, Bheemili Mandal | Health Club (50) |
| 9 | World Cancer Day Awareness Programme | 04-02-2026 | Laxmipuram High School, Bheemili Mandal | Health Club (60) |
| 10 | Vanam Manam - Plantation Drive | 01-06-2025 | Chippada High School, Bheemili Mandal | Eco Club (30) |
| 11 | No Plastic Day - Plastic Cleanliness | 03-07-2025 | Bheemili Beach | Eco Club (60) |
| 12 | World Environment Day | 05-06-2025 | Lakshmipuram High School, Bheemili Mandal | Eco Club (50) |
| 13 | Tree Plantation Programme (50 Plants Distribution) | 03-09-2025 | Zoo Park in Vizag | Eco Club (30) |
| 14 | International Yoga Day | 21-06-2025 | Bheemili Beach | Yoga Club (30) |
| 15 | Physical Fitness on Yoga | 24-03-2026 | Bheemili Beach | Yoga Club (40) |
| 16 | Asana Demonstration Programme | 10-04-2026 | Laxmipuram High School, Bheemili Mandal | Yoga Club (30) |

## 2024-2025 Outreach Programmes (15 Programmes)

| S.No | Name of the Programme | Date | Outreach Area | Club & Count |
|---|---|---|---|---|
| 1 | Feeding Smiles Programme - Food Distribution to 40 Members | 10-07-2024 | Ammodi Orphanage, Bheemili Mandal | NSS Club (30) |

| S.No | Name of the Programme | Date | Outreach Area | Club & Count |
|---|---|---|---|---|
| 2 | Bala Marga Darshan Day | 20-08-2024 | Tagarapuvalasa High School, Bheemili Mandal | NSS Club (30) |
| 3 | Plantation Program | 03-09-2024 | Tagarapuvalasa High School, Bheemili Mandal | NSS Club (50) |
| 4 | Awareness Program on Social Media | 08-01-2025 | Ameya World School, Tagarapuvalasa, Vizag | NSS Club (60) |
| 5 | Awareness Programme on Tobacco Usage | 04-02-2025 | Chippada High School, Bheemili Mandal | Health Club (60) |
| 6 | Blood Donation Camp | 20-08-2024 | Chippada High School, Bheemili Mandal | Health Club (50) |
| 7 | Nutrition Day - Food Distribution | 06-09-2024 | Vizag | Health Club (40) |
| 8 | World Cancer Day | 04-02-2025 | Tagarapuvalasa High School, Bheemili Mandal | Health Club (50) |
| 9 | Swachha Andhra - Plastic Cleanliness | 21-06-2024 | Chippada High School, Bheemili Mandal | Eco Club (30) |
| 10 | No Plastic Day | 03-07-2024 | Bheemili Beach | Eco Club (60) |
| 11 | World Environment Day | 05-06-2024 | Lakshmipuram High School, Bheemili Mandal | Eco Club (50) |
| 12 | Vanam-Manam Tree Plantation Programme | 29-07-2024 | Gandhi Zoological Park, Vizag | Eco Club (60) |
| 13 | Health Controlling in Yoga | 04-03-2025 | Bheemili Beach | Yoga Club (30) |
| 14 | Meditation in Yoga | 08-04-2025 | Bheemili Beach | Yoga Club (40) |
| 15 | Yoga Asanas Programme | 26-04-2025 | Dr. Y.S.R. Horticulture Univ., Parvathipuram | Yoga Club (30) |

## 2023-2024 Outreach Programmes (15 Programmes)

| S.No | Name of the Programme | Date | Outreach Area | Club & Count |
|---|---|---|---|---|
| 1 | Food Donation Programme | 31-10-2023 | Tagarapuvalasa Village, Bheemili Mandal | NSS Club (30) |
| 2 | Social Media Awareness Programme | 08-01-2024 | Bheemili Primary School, Bheemili Mandal | NSS Club (60) |
| 3 | Ration Distribution at Old Age Home | 29-07-2023 | RBL Foundation, Vizag | NSS Club (50) |
| 4 | Winter Care Day - Blankets Distribution | 08-01-2024 | Neradavalasa, Vizag | NSS Club (60) |
| 5 | Awareness Programme on First Aid & CPR | 09-09-2023 | Bheemili High School, Bheemili Mandal | Health Club (60) |
| 6 | Blood Donation Camp | 20-08-2023 | Chippada Village, Bheemili Mandal | Health Club (50) |
| 7 | Nutrition Day - Food Distribution | 06-09-2023 | Mana Kutumbam Children Home, Vizag | Health Club (40) |
| 8 | World Cancer Day | 04-02-2024 | Tagarapuvalasa High School, Bheemili Mandal | Health Club (50) |
| 9 | Swachha Andhra | 21-06-2023 | Chippada Village, Bheemili Mandal | Eco Club (30) |
| 10 | No Plastic Day | 03-07-2023 | Bheemili Beach | Eco Club (60) |
| 11 | World Environment Day Plantation Programme | 05-06-2023 | Lakshmipuram High School, Bheemili Mandal | Eco Club (50) |
| 12 | Tree Plantation | 19-06-2023 | Bheemili High School, Bheemili Mandal | Eco Club (60) |
| 13 | Health Controlling in Yoga | 04-03-2024 | Chippada High School, Bheemili Mandal | Yoga Club (30) |
| 14 | Meditation in Yoga | 08-04-2024 | Bheemili Beach | Yoga Club (40) |
| 15 | Yoga Asanas | 26-04-2024 | Laxmipuram High School, Bheemili Mandal | Yoga Club (30) |

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